

Pregnancy Danger Signs

Symptoms that need urgent obstetric assessment

Seek urgent care for

- Heavy vaginal bleeding or significant bleeding at any stage.
- Severe abdominal pain.
- Severe headache, visual symptoms, marked swelling or very high BP.
- Convulsion or loss of consciousness.
- Leakage of fluid before expected labour or signs of preterm labour.
- Markedly reduced or absent fetal movement after movements have been established.
- Severe breathlessness, chest pain or collapse.
- High fever with significant illness.

Pregnancy emergencies can progress quickly. Do not wait for the next routine appointment when danger signs are present.

Important: This resource is for general education and does not replace an individual medical consultation. Seek urgent medical care for severe, rapidly worsening or emergency symptoms.