

Poisoning First Aid

Safe first steps after a suspected poisoning

Act safely

- Move away from fumes or contaminated area only if it is safe to do so.
- If a chemical is on skin or eyes, rinse with plenty of clean water and remove contaminated clothing when appropriate.
- Keep the product container/label or a photo for the medical team.
- Call emergency/poison advice services or go to the nearest emergency department.

Do NOT

- Do not induce vomiting unless a qualified poison service specifically instructs it.
- Do not give milk, salt water, alcohol or home remedies routinely.
- Do not give anything by mouth to a drowsy or unconscious person.

Breathing difficulty, collapse, seizures, severe drowsiness, corrosive ingestion or intentional overdose requires emergency care.

Important: This resource is for general education and does not replace an individual medical consultation. Seek urgent medical care for severe, rapidly worsening or emergency symptoms.