

# Hospital Discharge Checklist

What to confirm before going home

## Before leaving hospital

- Know the final diagnosis and what was treated.
- Confirm which old medicines to continue, stop or change.
- Understand each new medicine, dose and duration.
- Ask about wound care, diet, activity and bathing restrictions if relevant.
- Know the follow-up date and which tests are needed before it.
- Keep the discharge summary and major reports safely.

## Ask specifically about red flags

- Which symptoms mean I should return urgently?
- Whom should I contact if a problem occurs?
- When can I return to work, driving or exercise?

Use a medicine list after discharge; medication errors are common when old and new prescriptions are mixed.

**Important:** This resource is for general education and does not replace an individual medical consultation. Seek urgent medical care for severe, rapidly worsening or emergency symptoms.