

Antibiotic Awareness Guide

Use antibiotics safely and help reduce resistance

Remember

- Antibiotics treat bacterial infections, not most viral colds and flu.
- Use an antibiotic only when prescribed for the current illness.
- Take it exactly as directed and do not share leftovers.
- Tell the prescriber about allergies, pregnancy and kidney/liver disease.
- Report severe rash, breathing difficulty or significant adverse reactions promptly.

Antimicrobial resistance makes infections harder to treat. Using antibiotics only when truly needed protects both the individual and the community.

Important: This resource is for general education and does not replace an individual medical consultation. Seek urgent medical care for severe, rapidly worsening or emergency symptoms.