

Myxedema Coma Checklist

Severe hypothyroidism emergency

Endocrine

PHYSICIAN REFERENCE

Recognize

- Hypothermia, altered mental status, bradycardia, hypoventilation, hyponatremia/hypoglycemia and precipitating illness.

Treat

- IV thyroid hormone per protocol plus stress-dose glucocorticoid until adrenal insufficiency is excluded; supportive ventilation/hemodynamic care.

Caution

- Passive rewarming preferred; aggressively treat precipitant.

Clinical safety note

Use this as a memory aid, not a prescription. Verify current guidelines, local protocols, contraindications, renal/hepatic dosing, pregnancy status, interactions and patient-specific factors before treatment.