

IV Fluid Selection

Crystalloid choice by clinical problem

Fluids & ICU

PHYSICIAN REFERENCE

Resuscitation

- Balanced crystalloids are suitable for many critically ill adults; normal saline remains appropriate in selected situations.

Think before giving

- Indication, expected benefit, volume responsiveness, comorbidity and risk of overload.

Reassess

- BP/perfusion, lungs, JVP/edema, urine output, electrolytes, acid-base status and cumulative balance.

Clinical safety note

Use this as a memory aid, not a prescription. Verify current guidelines, local protocols, contraindications, renal/hepatic dosing, pregnancy status, interactions and patient-specific factors before treatment.