

Dengue Clinical Warning Signs

Fluid caution and escalation

Infectious Disease

PHYSICIAN REFERENCE

Warning signs

- Abdominal pain/tenderness, persistent vomiting, fluid accumulation, mucosal bleed, lethargy/restlessness, liver enlargement, rising hematocrit with falling platelets.

Critical phase

- Judicious isotonic crystalloid guided by perfusion and hematocrit; avoid fluid overload.

Avoid

- NSAIDs/aspirin for routine symptom control; prophylactic platelet transfusion based only on low count without bleeding is generally not indicated.

Clinical safety note

Use this as a memory aid, not a prescription. Verify current guidelines, local protocols, contraindications, renal/hepatic dosing, pregnancy status, interactions and patient-specific factors before treatment.