

Anaphylaxis Emergency Card

Immediate recognition and treatment priorities

Emergency & Resuscitation

PHYSICIAN REFERENCE

Immediate

- IM epinephrine into the anterolateral thigh is the first-line treatment; do not delay for antihistamines or steroids.
- Airway, oxygen, monitoring, IV access and rapid crystalloid for hypotension.

Reassess

- Repeat IM epinephrine if symptoms persist according to protocol; refractory shock may require infusion in a monitored setting.

After stabilization

- Observe based on severity/risk; document trigger; provide prevention and follow-up plan.

Clinical safety note

Use this as a memory aid, not a prescription. Verify current guidelines, local protocols, contraindications, renal/hepatic dosing, pregnancy status, interactions and patient-specific factors before treatment.